
SDCCPSG BOARD MEETING MINUTES

April 12, 2021 ZOOM Video and Audio

Meeting Called by: Nancy Floodberg

Attendees: Dolores Cohenour, Nancy Floodberg, Susan Howard, Tony Jeske, Bruce Lowe, Patsy Manning, Jim Paterniti

Guest: Carly Bonnell, LSW (UCSD therapist and researcher)

Absent: Lorenzo Higley, Ron Phillips, Debbie Jordan, Jodi Harrison

Facilitator: Nancy Floodberg

Secretary: Susan Howard

Timekeeper: Tony Jeske

AGENDA TOPICS

A. Time: 10:06am | Nancy Floodberg

Motion: That the minutes be accepted as written.

Moved: Tony Jeske

Seconded: Patsy Manning

Vote: 6 ayes, 1 abstention

Motion carried

B. Action Items. | Nancy Floodberg

Mailchimp: Nancy Floodberg reported that the training continues.

Person(s) responsible: **Nancy Floodberg**

PMD Alliance Succession Training: See President's Report.

"I'm Here for You" Project: Nancy Floodberg will contact the Activity Directors at both Oakmont Residential Community and Wesley Palms to determine interest in the program.

Person(s) responsible: **Nancy Floodberg**

Phone Tree Redistribution: Final corrections to the list are being made and will be distributed by Dolores the week of 4/12/21. An updated suggested script was sent to Board members by Nancy.

Person(s) responsibility: **Dolores Cohenour, Nancy Floodberg**

Mailing of Covid 19 Letter and protectors: Dolores has the letter, protectors, envelopes and stickers to complete this project.

Person(s) responsible: **Dolores Cohenour**

Social: The plan is to push back the virtual social gathering to June 2021. Committee to report next month.

Person(s) responsible: **Social Committee**

UPDATES

A. Treasurer's Update | Tony Jeske

Summary: Tony shared that the Annual Report is complete and ready for presentation. The presentation will occur at the PLPSG ZOOM meeting this month (April). Tony will send a copy of the report to the secretary (Susan Howard) to be kept with other year-end reports. (complete)

B. Webmaster's Update | Bruce Lowe

Summary: Bruce presented his findings as to the use of the Google Workspace for Non-Profits. He created a useful visual to help the Board better understand how the use of this format can help with the receiving and sending of Board related e-mails. The details and particulars of set-up will be finalized by him and Nancy Floodberg.

REPORTS

A. President's Report | Nancy Floodberg

PF – PD AIC Kit Letter w/ Key Points: The Parkinson's Foundation is working on a new letter for the AIC kits that will highlight key point for medical staff to be aware of in delivering medical services safely to a PwP. The AIC kits are available online for \$8 or contents may be downloaded for free. Nancy can order kits in bulk (10/box, Eng/Sp). She encouraged Board members to share the availability of the kits with those who might benefit.

PMDA Succession Planning Training: Chris Buscher has spoken with PMDA Executive Director, Sarah Jones, and tentative dates have been set to implement the training, in June 2021 online, followed by live training in September in.

PASD: The Parkinson's Association's new Mentor Program (providing mentors to San Diego's PwPs and care partners), went live yesterday on World Parkinson's Awareness Day. Some ten mentors are already trained. Those who might be interested in serving as mentors are encouraged to undertake the application process. Nancy thanked Tony Jeske for helping to initiate this new and important program. Information about the program is available on the PASD website.

SDCCPSG – Covid Card: The letters and protectors are ready for mailing. See Action Items for additional information.

Events Calendar: Nancy reviewed upcoming dates of programs and events. She also shared the new color-coding system for the Parkinson's Association's website Support Group Calendar which will help to make clearer the when/where/ and who of support groups throughout San Diego.

Due Dates calendar: Sent to Board with minutes and agenda, etc.

Newsletter: Currently on hold.

PD Podcast: Nancy reported that there has been some discussion about the implementation of Parkinson's related topics in a podcast format. She encouraged Board members to think about someone who might have the necessary skills and interest and bring the names forward.

B. Support Group Leaders' Reports | Nancy Floodberg, Jim Paterniti

March attendance numbers:

Speakers' Series = 12 – Mindy Bixby, MD was very well received.

April Speaker: Amy Carlson – “Dancing with the Devil – Why I Don’t Fight Parkinson’s: How Creativity Enhances Parkinson’s”. May Panel discussion re: Parkinson’s and creativity.

LITSPSG = 11

ECPSG = 8-10 based on information from Lorenzo Higley.

PLPSG = 11

DUOPA = Meeting scheduled for April (quarterly meetings)

Summary: There was discussion about how best to acknowledge the loss of some of our Parkinson’s community. Nancy Floodberg and Bruce Lowe will continue the discussion as to how to proceed. Nancy asked Dolores Cohenour to begin the process of compiling a list of potential meeting sites for when we “go live” again. Nancy encouraged Board members to send suggestions to Dolores to be included in the list. There was considerable discussion around the possibility of adding an evening or weekend support group for those unable to attend at the times currently available. It was the consensus of the Board that adding two additional meetings is not feasible at this time, and that a survey should be sent electronically to determine which new meeting time – evening or weekend – would be the choice should the Board decide to add an additional support group time. Nancy introduced the idea of adding a support group for Care Partners. A follow up discussion occurred later in meeting with Carly Bonnell, LSW (guest).

C. Social Chairman’s Report. | Nancy Floodberg reporting for Debbie Jordan

Summary: Dolores Cohenour reported that the phone tree update is just about complete. She and Nancy Floodberg will make final adjustments before she sends lists to callers. Nancy shared that a phone script has also been written by PMDA to help with items for discussion in these calls, which was included in the email attachments for this meeting. The idea was brought up about delivering hard-copy books to those in the support groups. The Board determined that this is not a task to be taken on at this time. The plan currently is to hold a ZOOM Social in June 2021. Nancy confirmed the writing of SDCCPSG thank you notes to our guest speakers. Debbie has offered to send “thinking of you” cards to those within the SDCCPSG community, however, it was decided that the ZOOM meetings and personal phone calls are sufficient at this time.

D. Treasurer’s Report | Tony Jeske

Summary: Our financial position is a good one with \$36, 684.99 in our account. We recently received a contribution of \$24.71 from Ralph’s for Dec ‘20. – Feb. ‘21.

E. Webmaster’s Report | Bruce Lowe

Summary: Bruce Lowe gave an overview of the March Analytics. Visits to and use of the website is down but is not concerning to him at this time. He continues to monitor it carefully for trends and insights into usage. He shared an updated view of the website. All agreed that we are fortunate to have him at the helm and that the website is such a support to so many.

DECISIONS

A. Decision: Moving forward, do we want to keep our Speakers' Series virtual on ZOOM?

Discussion: Speaker access, presentation format and recording options are significantly easier on Zoom than in person.

Motion: to continue offering the Speakers' Series as a ZOOM event.

Moved: Nancy Floodberg

Seconded: Jim Paterniti

Vote: Unanimous in affirmative.

Motion carried

B. Decision: Should we offer a support group meeting – evening or weekend – to accommodate those unable to attend during the day?

Tabled until a survey of current SDCCPSG community can be completed.

C. Decision: Do we want to offer a Care Partner Self Care Intervention Group, co-facilitated by Carly Bonnell, MSW?

Discussion: Carly joined us to discuss the need for and parameters of such a group. The proposal was met with interest and enthusiasm.

Motion: To offer a Care Partner Self Care Group.

Moved: Nancy Floodberg

Seconded: Dolores Cohenour

Vote: Unanimous in the affirmative.

Motion carried

Next meeting – May 10, 2021, 10:00-11:30 am via ZOOM Telephone and Video Conferencing.

There being no further business, the meeting was adjourned at 12:15 pm.

Respectfully submitted:
Susan Howard