

San Diego Central County Parkinson's Support Group
Minutes of the Monthly Meeting of the Board of Directors
April 8, 2019

Location of Meeting:

County of San Diego Health and Human Services Agency
3851 Rosecrans Street, San Diego, CA 92110
San Diego Room

Present at Meeting:

Nancy Floodberg, Tony Jeske, Deborah Jordan, Bruce Lowe (via telephone), Debbie Stubbe,
AnnD. Canavan (via telephone) and Jim Paterniti

Initial Directors of SDCCPSG

Nancy Floodberg
Tony Jeske
AnnD Caravan

Officers

President – Nancy Floodberg
Vice President – Jim Paterniti
Treasurer – Tony Jeske
Recording/Corresponding Secretary – Deborah Jordan
Technical Support – AnnD Canavan

Directors

Fundraising – Michael Moore
Grant Writer – Jodi Harrison
Newsletter Editor – Jodi Harrison
Newsletter Reporters – Jane Granby, Delores Cohenour
Newsletter Publishing/Distribution – Deborah Jordan, Nancy Floodberg
Publicity – Dolores Cohenour, Susie McGuire
Videographer – Ron Phillips
Webmaster – Bruce Lowe
Webmaster, Jr – Jesse Luna
Hospitality calls – Sharon Hieserich

Open Positions

Tech Support, Jr.

The eleventh meeting of the Board of Directors of the San Diego Central County Parkinson's Support Group (SDCCSP) was called to order at 10:25 am on April 8, 2019 at the County San Diego Health and Human Services Agency located at 3851 Rosecrans Street, San Diego, CA 91110 – San Diego Room by President Nancy Floodberg. Debbie Stubbe was official timekeeper.

Approval of Minutes and review of Agenda

The Board approved the Minutes and Agenda for March as written. It should be noted that the Board has not finalized with Jesse Luna his agreement to be Webmaster, Jr. It was also suggested that the Board recruit Jesse to be our “nuts and bolts” operator (Operations Director) – to follow up with items that need to be followed up and acted upon. Nancy will speak with Jesse about both roles.

Old Business

Nancy Floodberg

Topic 1 Topic Survey

Nancy and AnnD need to review and compile results of the first Topic Survey for a final support group vote. Nancy stated she would make this a priority.

Topic 2 Welcome Packet

The Welcome Packet is still in process.

Welcome Packet: Packet envelope contents includes: Welcome Letter, Welcome Pamphlet, Resource Guide, Directory. Nancy needs to order envelopes and large stickers to label the envelopes. The stickers were recommended by NCPSPG President, Paul Dawson, who found printing directly on the envelopes problematic.

Welcome Pamphlet: This was previously designed by Nancy and needs to be updated.

Directory: Dolores Cohenour has agreed to develop the Directory for Nancy to print. Nancy currently has the SDCCPSG database in an Apple Contacts application, which she may be able to download into Excel to share for use in developing the directory. She downloaded last year's database into a Google Account, which will need to be updated. It is currently named Pt. Loma Parkinson's Support Group, which needs to be renamed San Diego Central County Parkinson's Support Group, if possible. If not, a new account will need to be set up.

Resource Guide: Nancy needs to experiment with the new printer to see if it can print the Resource Guide in “booklet” format. The information in the original Resource Guide is outdated and, as a result, the Newsletter was distributed in its place at yesterday’s PD walk. The Board agreed that the Resource Guide should still exist and be reviewed quarterly to make sure information is up-to-date. Tony and Jim volunteered to review and update the Resource Guide in an effort to move things forward.

Topic 3 Annual Registration Form

The Board discussed and voted to follow NCPSG’s lead and rename our Annual Registration Form “Contact Information Form”.

Topic 4 Newsletter

As noted in last month’s Minutes, Nancy’s goal is to have the Newsletter finished by the end of the month, so the Board can review it in the month before it is sent out. Bruce would also like the calendar for the website as soon as the Board approves it.

In an effort to compile the Newsletter in a timely manner, it would be helpful if reporters could get their “In Focus” articles to Nancy by a given due date. In an effort to share Newsletter content development, it would be helpful if, when attending Parkinson’s functions, Board members could take photos and write a brief summary to submit to Nancy for the Newsletter.

Old Business

Tony Jeske

Topic 1 Business Cards

The Board agreed we would like to have business cards. Nancy discussed design and wording and thickness. Nancy will look into format options to share at the next Board meeting.

Topic 2 Name tags

Tony will be getting both clip and lanyard types of name tags. It will be compatible with Avery Labels, which Nancy can run.

Topic 3 Fundraising

AnnD stated she would look into the Giving Tuesday program as a possible fundraising source for next year.

Tony reported that Nancy's Facebook fundraiser resulted in a check for actual funds raised, not double the amount, as advertised by Facebook. Tony will look into this further.

Topic 4 www.pdfiller.com

This is a free website that we can go through with Google that has fillable forms on-line in PDF format.

Old Business
AnnD Canavan

Topic 1

AnnD reported she attended UCSD's Engineering Design Seminar where students are working on a ready-made pill pack so no one will have to sit and load pills at home.

Treasurer's Monthly Report
Tony Jeske

Topic 1 **Financials**

Tony reported the SDCCPSG's cash balance is \$7262.13.

We have received "Nada" from Amazon as they only distribute funds after a certain amount has accrued.

Tony suggested we look into buying a projector as we continually have audio-visual problems at our Speaker Series. Bruce and AnnD are going to look at the problem and come up with a recommendation. Bruce stated we could buy one on Amazon if the Board decides to purchase one. The problem could just be connecting to the internet and display.

President's Report
Nancy Floodberg

Topic 1 Parkinson's Foundation

The Parkinson Foundation Moving Day Walk will be held on June 22nd, 2019.

Nancy reported she attends monthly Parkinson's Foundation nationwide meetings via Zoom and would like to consider implementing Zoom for our Board meetings. Doing so would allow us to convene without having to put effort into physically getting to and from the meetings. One idea might be to meet in person quarterly with the remainder of the meeting conducted via Zoom. Nancy will coordinate with Bruce in an attempt to have him attend May's Board meeting via Zoom.

Topic 2 Parkinson's Association

There was an article in the Union Tribune stating Parkinson's Association Executive Director, Chris Buscher, had been replaced by Parkinson's Association Board President Charles Abdi. This is not true, and the UT is publishing a retraction. The Parkinson's Association 5K Walk was very successful, raising approximately \$140,000 with \$60,000 used to put the Walk on. There were some concerns the course at Liberty Station was not "PD" friendly: some of the route was not level or smooth, the route was long for some, and PwPs had to traverse lumpy grass to access vendors and support group tables. In an effort to be mindful of all participants, it was suggested next year's walk offer a 1-mile course, in addition to the current 3-mile course, and consider putting vendor tables adjacent to the concrete walk. Nancy will pass the observations and suggestions on to the Parkinson's Association.

Topic 3 SDCCPSG

Our Spring Luncheon is going to be at the Bay Club Hotel Quarterdeck Restaurant on April 10, 2019 from 11AM – 1PM. Delores Cohenour is the point person for this event.

Upcoming Speaker Series presentations include:

May 8 – Parkinson's & Advocacy: Resources for you Toolkit
Consumer Advocates for Residential Care for the Elderly Reform (CARR),
San Diego Ombudsman Program

June 12 – Parkinson's & New Treatments (Part 2): Inbrija

The SDCCPSG is currently comprised of the following support groups:

Flying Solo – facilitated by AnnD

Pacific Beach (PB)-facilitated by Nancy

Duopa Therapy (Do You DUOPA?)– facilitated by Nancy

Point Loma – facilitated by Nancy
Speaker Series – facilitated by Nancy
Veterans – facilitated by Ron Phillips

New Business

Tony

Topic 1 Financials

Tony reported the SDCCPSG’s cash balance is \$7262.13

Topic 2 Photoshop

Photoshop is approved for four members at \$27 per member (paid by SDCCPSG).

Topic 3 Zoom

The expanded Zoom program (allowing more participants) costs \$65. Bruce offered to look at online meeting options and report back to the Board before we purchase a program.

Bruce Lowe

Bruce, as Webmaster, is now to be added to the monthly Agenda.

Bruce stated the Point Loma website is “dead” and visitors will now be redirected to the SDCCPSG website.

Bruce is doing a wonderful job keeping our website up and running. He is also looking into our audiovisual woes.

The meeting was adjourned at 12:05 PM.

The next Board meeting will be held May 1, 2019 at HHSA.

Deleted: May 13