

San Diego Central County Parkinson's Support Group
Minutes of the Monthly Meeting of the Board of Directors

February 11, 2019

Location of Meeting:

County of San Diego Health and Human Services Agency
3851 Rosecrans Street, San Diego, CA 92110
San Diego Room

Present at Meeting:

Nancy Floodberg, Tony Jeske, Deborah Jordan, Jim Paterniti, Bruce Lowe (via telephone),
Debbie Stubbe, Jodi Harrison

Initial Directors of SDCCPSG

Nancy Floodberg
Tony Jeske
AnnD Canavan

Officers

President – Nancy Floodberg
Vice President – Jim Paterniti
Treasurer – Tony Jeske
Recording/Corresponding Secretary – Deborah Jordan
Technical Support – AnnD Canavan

Directors

Fundraising – Michael Moore
Grant Writer – Jodi Harrison
Hospitality calls- Sharon Hieserich
Newsletter Editor – Jodi Harrison
Newsletter Reporters – Jane Granby, Delores Cohenour
Newsletter Publishing/Distribution – Debbie Jordan, Nancy Floodberg
Publicity – Dolores Cohenour, Susie McGuire
Social Director – Debbie Stubbe
Videographer- Ron Phillips
Webmaster – Bruce Lowe
Webmaster, Jr – Jesse Luna

Open Positions

Tech Support, Jr

The tenth meeting of the Board of Directors of the San Diego Central County Parkinson's Support Group (SDCCPSG) was called to order at 10:00 am on February 11, 2019 at the County San Diego Health and Human Services Agency located at 3851 Rosecrans Street, San Diego, CA 91110 – San Diego Room by President Nancy Floodberg. Jim Paterniti was official timekeeper.

Approval of Minutes and review of Agenda

The Board approved the Minutes for February as written. There was a question on what the appropriate title should be for the Board. Nancy and Tony are looking into the issue. There were no changes to the Agenda.

Debbie explained to the Board that the Minutes and Agenda are sent first to Nancy for review before being sent to the Board members. The Board did not have a problem with this procedure.

Old Business

Nancy Floodberg

Topic 1 Topic Surveys

Nancy and AnnD. met to review results of the initial 2019 Speaker Topic Survey. AnnD. is in the process of assimilating these results into a final 2019 Speaker Topic Survey. Once complete, Nancy will email it to group participants for final topic selection. In May, the topic will be Accessing Mobile Medical Services. In June, the Federal Ombudsman Program is slated to present.

Topic 2 Welcome Packet

As Nancy has not heard back from Paul Dawson regarding formatting of the Resource Packet, she will collaborate on the project with Jodi Harrison. Although Nancy stated she could work on it during her upcoming vacation, the Board voted that Nancy will not work on any Parkinson Support Group business during that time.

Presidents Report

Nancy Floodberg

Topic 1 Parkinson's Foundation

Nancy spoke about the Aware-In-Care Ambassador Program being sponsored by the Parkinson's Foundation (PF) and shared with us that she was one of six local applicants selected to participate

in program. The training is to take place in Arizona in September. Nancy has already made contact with the other San Diego team members.

AnnD attended a UCSD Parkinson's Center of Excellence Hack-A-Thon. This is a program where graduate students in engineering identify the needs of those with Parkinson Disease and come up with a "hack" for those needs. Nancy was initially contacted by UCSD and asked to submit four names. At the last minute, a slot for only one person was available, and Nancy selected AnnD due to her software background and prior contact with the engineering department. We are looking forward on hearing what comes out of these meetings from AnnD.

Topic 2 Parkinson's Association

Both the date and location of the Good Start Program had to be changed due to scheduling issues with both Scripps Mercy Hospital and Scripps Green. Instead, it was held at Tri-City Medical Center in Carlsbad. It was remarked that the Good Start Program needs to be held at a more convenient location for those in the San Diego County Central Region. Westly Palms was mentioned as an option for location, but parking may be an issue.

The Parkinson's Association is looking into having a trainer/trainer course to shore-up Support Groups who may need a facilitator for their group and develop leaders. In the past year, some support groups that had to disband, partly due to the nature of Parkinson's Disease and its effect on the facilitator with it. There is also interest in having a caregiver facilitate a support group for caregivers.

Topic 3 SDCCPSG

The SDDDPSPG is developing a team for the "Step by Step" 5K (walk) slated for April 7, 2019 at Liberty Station from 9:00 am – 12 noon. Registration begins at 7:30 am.

The SDCCPSG is currently comprised of the following support groups:

Flying Solo – facilitated by AnnD

Pacific Beach (PB) – facilitated by Nancy

Duopa Therapy Support Group (Do You DUOPA?) – facilitated by Nancy

Point Loma – facilitated by Nancy

Speaker Series – facilitated by Nancy

The newsletter for February is out with an excellent article on Jim Paterniti.

Nancy will be on vacation from February 14 – March 1. The February Speakers’ Series and Pacific Beach Support Group will be facilitated by Jim Paterniti, and the Pt. Loma Support Group will be facilitated by Tony Jeske.

Treasurer’s Monthly Report

Tony Jeske

Topic 1 Financials

Tony reported the SDCCPSG’s cash balance is \$6512.86.

Tony mentioned Tacos Libertad in Hillcrest as a source for a potential donation (as suggested by AnnD) and is looking into the application requirements.

Tony is taking care of obtaining and completing Government forms coming due:

U.S.: Annual exempt organization return

Cal: Public Charities Annual Exempt Organization return

Tony also mentioned it would be a good idea to mention in the Newsletter about what is in our Library – what would be a “good read”.

Name Tags

Tony is looking into getting the Board members and support group participants name tags, so we are more easily identified at functions. Types included magnetic, pin or clip style and lanyard. The Board is not in consensus yet as to what type of name tags to get, that will be cost effective as well as “user-friendly” to those with Parkinson’s.

New Business

Nancy

Odds and Ends

Debbie Stubbs is now out Social Chairman (and is doing a wonderful job!).

Bruce Lowe and the Board discussed technical computer information – regarding the use of “.org”, what and who should be publicized on the information coming from SDCCPSG. This will be addressed more thoroughly at the March Board meeting. Also addressed was the inability to fill out the SDCCPSG Annual Registration form on-line. Bruce stated he would play with it. He cautioned the Board to be careful of scam emails resulting from the generic Board email addresses.

The meeting was adjourned at 12 noon.

The next Board meeting will be held March 11, 2019 at 10:00AM at HHSA.