

San Diego Central County Parkinson's Support Group
Minutes of the Monthly Meeting of the Board of Directors
January 14, 2019

Location of Meeting:

County of San Diego Health and Human Services Agency
3851 Rosecrans Street, San Diego, CA 92110
San Diego Room

Present at Meeting:

Nancy Floodberg, Tony Jeske, Deborah Jordan, AnnD Canavan, Jim Paterniti

Initial Directors of SDCCPSG:

Nancy Floodberg
Tony Jeske
AnnD Canavan
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Directors

Fundraising – Michael Moore
Grant Writer – Jodi Harrison
Newsletter Editor – Jodi Harrison
Newsletter Reporters – Jane Granby, Dolores
Newsletter Publishing/Distribution – Debbie Jordan
Nancy Floodberg

Officers:

President – Nancy Floodberg
Vice President – Jim Paterniti
Treasurer – Tony Jeske
Recording/Corresponding Secretary –
Debbie Jordan
Technical Support – AnnD Canavan

Publicity – Dolores Cohenour, Susie McGuire
Social Committee Chair – Debbie Stubbe
Videographer – Ron Phillips
Webmaster – Bruce Lowe
Hospitality calls – Sharon Hieserich

Open Positions

Tech Support, Jr.
Webmaster, Jr.

The ninth meeting of the Board of Directors of the San Diego Central County Parkinson's Support Group (SDCCSP) was called to order at 10:00 am on January 14, 2019 at the County San Diego Health and Human Services Agency located at 3851 Rosecrans Street, San Diego, CA 91110- San Diego Room by President Nancy Floodberg. AnnD was official timekeeper.

Approval of Minutes and review of Agenda

The Board approved the Minutes for December as written. There were no changes in the Agenda.

- Prior to the start of the official Agenda, Nancy shared how well our webmaster, Bruce Lowe's, presentation on our websites went and at the Speakers Series and encouraged everyone to reach out and acknowledge Bruce's skill and ongoing dedication to our foundation.

Old Business

Nancy Floodberg

Topic 1 Topic Surveys

Nancy stated that she would send a current list of the possible Topics for the Speaker Series to the Secretary to be included in the Minutes. Due to the availability of the Speakers and three built-in social events, there are five open slots to plug-in the top five Topics as voted in by the membership.

Nancy will be out of town for the February Speakers' Series as well as the Pt. Loma Breakout meeting. Jim Paterniti will be facilitating the Speakers' Series and the Pacific Beach Support Group Breakout. Tony Jeske will facilitate the Pt. Loma Breakout. Nancy and Jim will decide which Topic will be presented – as the availability and the continuity of the subject matter needs to be considered. As of this writing, it appears that Sherrie Gould will be the guest speaker and will be speaking on psychosis.

Topic 2 Welcome Packet

The Annual Registration page was used at the January 9, 2019 Speaker Series with much success.

The Resource Pamphlet was on hold due to the uncertainty of the other groups. Additionally, there are printing issues. Ron Phillips will not be printing the outer envelope as well as the rest of the packet. Nancy showed the Board some printing ideas, such as using labels instead of printing on the envelope as it may gum up the printer. The Board approved ordering the envelopes and labels.

Nancy also remarked that Paul Dawson has not sent her an example template regarding formatting the Resource Packet. The Board approved thicker paper and running off the pamphlet with our newly acquired printer-by Nancy.

The Newsletter rolled out for the January 10, 2019 Speaker Series Meeting. It was a great success. The Newsletter will be discussed later under “New Business”

Treasurer’s Monthly Report

Tony Jeske

Topic 1 Network for Good

Tony reports SDCCPSG received two checks totaling \$850.00. It was unclear at the time of the Board meeting where the matching funds were from Facebook. Tony said he would track it down, starting with Network for Good. (Please see attached emails regarding this issue).

Topic 2 Quick Grant Receipts

The Quick Grant Receipts are for monies spent over and beyond the original Grant. SDCCPSG was allowed to keep the monies not spent from the original Quick Grant but would need to show receipts on where and how the residual monies were spent.

Topic 3 Non-profit mailing

Tony is looking into what SDCCPSG needs to do to be eligible to obtain non-profit mailing status for stamps. The Government is currently on a “shut-down”, therefore, Tony is unable to contact the appropriate authorities at this time.

Topic 4 Asset Record

SDCCPSG now owns several assets, either donated or bought. Tony is in the process of getting the Asset forms filled out and returned by the members who are in possession of the assets.

Topic 5 Financials

Tony reported the SDCCPSG’s cash balance is \$5699.65

Presidents Report

Nancy Floodberg

Topic 1 Parkinson's Foundation

Nancy spoke about the Aware-In-Care Ambassador Program being sponsored by the Parkinson's Foundation (PF). Nancy was selected to participate in the program. The training will begin in the Fall. We are very proud of her! Nancy's selection to the Aware-In-Care Ambassador Committee will benefit all of SDCCPSG!

Nancy informed the Board that UCSD – Jacobs Center is opening a Senior Emergency Room which will be beneficial for those with Parkinson's.

Topic 2 Parkinson's Association

The Good Start Program is slated for February 5, 2019 at Mercy Hospital. As of this writing, there is no definitive time or location announced. Several of the Board members stated they would like to attend in order to introduce ourselves as a possible support group for those newly diagnosed or those who have been diagnosed and are now seeking a support group.

Topic 3 SDCCPSG

The Duopa Therapy Support Group (Do You DUOPA?) just started and currently meets odd months in different locations in the Central County area. This is a group born out of a need for those using DUOPA Therapy (enteral suspension of dopamine delivered continuously to the small intestine via pump) and their caregivers who are learning how to care for someone with the pump. As this form of dopamine therapy is cutting-edge, there is not a lot of practical information currently available. This group shares information and disperses what has worked and not worked and more importantly- provides support for each other. Nancy facilitates this group.

The SDCCPSG is currently comprised of the following support groups:

Flying Solo – facilitated by AnnD

Pacific Beach (PB)- facilitated by Nancy

Do You DUOPA? – facilitated by Nancy

Point Loma – facilitated by Nancy

Speakers' Series – facilitated by Nancy

Topic 3 SDCCPSG (cont'd)

Jim read an eloquent letter to the Board regarding his stepping down as facilitator of Minds In Motion (MIMO). This letter, with Jim's blessing, will be published in the next newsletter. We are very grateful that Jim is with us as Vice-President...as we are of all our Board Members.

New Business

Tony

Topic 1 Parkinson's Studies

Tony informed the Board of new studies regarding Inbrija-an inhaled form of carbidopa/levodopa, used to help with the "off times". It was agreed on that this would be a good topic for the newsletter. Nancy has been in touch with the local pharmaceutical rep to arrange a Speakers' Series presentation on the product.

Topic 2 Newsletter Information as pertaining to the raffle

Tony brought up another good idea as to publishing the name of the winner of the LifeWalker in the Newsletter.

Topic 3 Microsoft Office

Tony asked the Board if anyone was planning to use the Microsoft Office that we obtained through Tech Soup. No one was, so Tony asked and was given permission for him to have it for use as a Board member.

Topic 4 Registration

Registration was a success at the Speaker Series and is still ongoing. AnnD is going to create a database for those members who have registered.

Topic 5 Government Forms

Tony is taking care of obtaining and completing Government forms coming due:
U.S.: Annual exempt organization return
Cal: Public Charities Annual Exempt Organization return

Topic 6 Name Tags/Endorsement Stamp

The Board approved authorization for and endorsement stamp. Tony is looking into getting the Board members name tags, so we are more easily identified at functions.

New Business

Nancy

Topic 1 Newsletter

There was quite a bit of discussion regarding which format to use for the newsletter (Publisher or Word). The newsletter will be available in hard copy or email depending on the preference of the member.

A lengthy discussion was held on Google, Master database, Directory, websites etc. Also mentioned was “Constant Contact”. This writer apologizes as most of this discussion was beyond my understanding.

There was discussion on having a contest on “name the Newsletter”. (Movers and Shakers) 😊

Topic 2 Webmaster, Jr.

Jesse volunteered to be Webmaster, Jr!

Topic 3 SDSU Students

It was suggested we get students from SDSU to videotape out presentations or help with ZOOM.

Topic 4 Election

In compliance with the State, an election was held by ballot to elect 2019 Board members. All members on the Board were voted back in position. Tony retained the ballot for his records.

The meeting was adjourned at 12 noon.

The next Board meeting will be held February 11, 2019, from 10:00AM-12:00PM at HHSA.