

San Diego Central County Parkinson's Support Group
Minutes of the Monthly Meeting of the Board of Directors
November 12, 2018

Location of Meeting:

County of San Diego Health and Humans Services Agency
3851 Rosecrans Street San Diego, CA 92110
San Diego Room

Present at Meeting:

Nancy Floodberg, Tony Jeske, Deborah Jordan, AnnD Canavan, Mike Moore, Cindy Moore, Leigh Johnson, and via phone conference – Bruce Lowe

Initial Directors of SDCCPSG:

Nancy Floodberg
Tony Jeske
AnnD Canavan

Directors:

- Fundraising - Michael Moore
- Publicity – Dolores Cohenour, Susie McGuire
- Videographer – Ron Phillips
- Webmaster- Bruce Lowe
- Hospitality calls – Sharon Hieserich

Officers:

- President - Nancy Floodberg
- Vice President – Jim Paterniti
- Treasurer - Tony Jeske
- Recording Secretary/Corresponding Secretary - Deborah Jordan

Open Positions:

- Social Committee Chair
- Newsletter Editor/Publisher/Reporter/Distributor
- Tech Support, Jr.
- Grant writer
- Web master Jr.

Advisor Positions: (non-voting)

- Technical Support – AnnD Canavan
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The seventh meeting of the Board of Directors of the San Diego Central County Parkinson's Support Group (SDCCPSG) was called to order at 10:00 am November 12, 2018 at the County of San Diego Health and Humans Services Agency located at 3851 Rosecrans Street San Diego, CA 92110 – San Diego Room by President Nancy Floodberg.

Approval of Agenda

The Agenda for this meeting was outlined and unanimously approved.

Approval of Minutes

The Minutes for October 8, 2018 were not mentioned.

Due to scheduling conflicts the Agenda order was not adhered to.

Old Business

Tony Jeske

Topic 1 Amazon Prime (Smile) and Ralph's

Tony explained to the Board how the Amazon Prime (Smile) Program, as well as the Ralph's Program, work for those who wish to donate to the San Diego Central County Parkinson's Support Group online. Tony suggested and the Board agreed that a tutorial (Sign- Up Party) will be presented at the Speaker Series to be held on November 14, 2018 to familiarize the group on how to make an online donation.

Topic 2 Von's

Due to the parameters of the Von's charitable donation program, it was suggested by Tony and agreed by the Board, that at this time the SDCCPSG will opt out of using this program. Von's requires an employee of theirs to be on the SDCCPSG Board. The SDCCPSG Board discussed this issue and was not comfortable with having someone not vested on the Board.

Topic 3 Grants

The Board is reviewing the organization, Network for Good, as a possible source for donations to the SDCCPSG. Bruce will write a report and present it to Tony for review by Friday, November 16, 2018. The Board approved the go-ahead if Tony was satisfied with the results of the report. As of this date, the SDCCPSG, has not accepted any funds from the Network for Good.

Topic 4 Aware in Care Grant

No monies have been received to date from the \$280 PA grant awarded to SDCCPSG for the Aware in Care binders. Nancy looked into it and a check should be to Tony soon.

Nancy Floodberg

Topic 1 Speaker Series Meetings

On Wednesday, November 12th from 6:00 – 8:30 PM, Gocovri will present to the group. Dr. Bixby will be the guest speaker.

On Wednesday, December 12th from 6:00 – 8:30 PM, the Point Loma Parkinson's Support Group will have a Holiday Potluck. The Board (some reluctantly) agreed to an "Ugly Sweater" theme. Tremble Clefs (choral) is scheduled to perform. The flyer will direct participants to RSVP

via a link to a sign-up page on the PLPSG website.

Topic 2 SDCCPSG

Sidekicks

The Davis Phinney Foundation Sidekicks pilot program is over despite unplanned glitches during the four Saturdays it was held. Nancy Floodberg, who facilitated the program, suggested that other Parkinson support groups be looked at for future programs involving Sidekicks. The pilot program provided necessary feedback to the Davis Phinney Foundation.

Support Groups

It is reported that Minds in Motion and the Veterans Support Groups are off-calendar at this time due to several different reasons. (Please see discussion following this segment)

Pacific Beach

It is reported the Pacific Beach support group is up and running, with Nancy Floodberg facilitating the meetings. Their goal is “to have fun”.

Point Loma

The Point Loma Support Group is continuing with their Speaker Series, Flying Solo, and Breakout Support Group, and looking forward to the December Holiday Potluck.

Flying Solo

AnnD and Leigh presented at the Board meeting. It was reported they are trying to get new members. Leigh presented a flyer about Flying Solo. UCSD and Mike Moore are sharing in the cost of the printing. The flyer will be distributed on Empowerment Day, November 30, 2018.

DISCUSSION

Nancy Floodberg reiterated the concept of “failure point”. PLPSG needs to be structured in the event a Board member is unable to serve in his/her position. Nancy pointed out that all the Board members, with the exception of her, have Parkinson’s Disease and at any time be a “failure point”. It should also be pointed out Nancy is a caregiver to her husband. She also could possibly burn-out and be a “failure point”. There are no easy answers, other than to get other members involved. Nancy reported that the Parkinson’s Association is considering hiring someone to help provide support to the support group leaders throughout the County.

Topic 3 Parkinson’s Association

Empowerment Day is scheduled for November 30, 2018 from 8:45am – 3:30PM, held at Marina Village. SDCCPSG will have a table with information regarding its’ support groups.

Topic 4 Welcome Packet (Letter, Pamphlet, Registration, Newsletter)

Nancy bought a new printer which will be less expensive due to ink consumption. It is unclear at this time if Ron Phillips will be able to assist with printing of the outer envelopes.

Topic 5 Filled/ Open Board positions and backups

- Newsletter Editor – filled by Jane Granby (PBPSG)
- Publicity Reporter
- Social Committee Chair – filled by Debbie Stubbe (PLPSG)
- Grant Writer –
- Backups – Videographer, Webmaster, Tech Support, other?

New Business

Tony Jeske

Topic 1 Treasurer's Report

- Tony reported the SDCCPSG's cash balance is \$4004.65.
- Tony suggested a "sign-up" party to demonstrate how easy it is to donate to the SDCCPSG via the web at the next Speaker Series. The suggestion was approved by the Board.
- New Fiscal Year Directors' Election due January 2019.

Nancy Floodberg

Topic 1 Parkinson's Foundation Aware-in-Care Ambassador Program

- Nancy informed the Board she had applied to participate in the Aware-in-Care Ambassador Program. This is a subject which is very important, not only to Nancy, but all those who have PD. This program is designed to develop and implement PD protocol throughout all hospitals.

Mike Moore

Topic 1 Fundraiser

- There is a walker and Padre tickets to be offered during the Speaker Series on a quarterly basis as a fundraiser.

Nancy requested participants please refrain from wearing scented products to future Board meetings due to her severe allergy to such.

The meeting was adjourned at 12 noon.